We might support people...

- on their own
- in a group
- at home
- in the community

Bristol Central and North CLDTs, New Friends Hall, Heath House Lane, Stapleton, Bristol, BS16 1EQ

- Central: 0117 958 5666
- North: 0117 908 5000

Bristol South CLDT, The Withywood Centre, Queens Road, Withywood, Bristol, BS13 8QA

- South: 0117 987 8383

Is this leaflet hard to read? Email us on comms@briscomhealth.nhs.uk or phone 0117 900 2198 and we will print this leaflet in a different format/language for you.

www.briscomhealth.org.uk

Last reviewed: 16/02/2016
We can help with...

- budgeting skills
- work
- activities
- communication
- feelings
- relationships
- daily living skills
- keeping healthy
- going to appointments
- thinking
- healthy eating
- personal hygiene
- mobility
- staff training
- understanding
- medicine
- eating and drinking

...and lots more!