



# BCH Diabetes & Nutrition Services REFERRAL FORM B For Nutrition & Dietetic Referrals Only



**Please send to:**  
**Diabetes & Nutrition Services (DANS)**  
**John Milton Clinic**  
**Crow Lane, Henbury, Bristol, BS10 7DP**  
**Tel: 0117 9598970**  
**Fax to: 0117 9598971**  
**Email to: DANS.Bristol@nhs.net**

This form should be completed by the referrer. The person you are referring must be informed that their details are being forwarded to the Diabetes & Nutrition team office.

**Please use this form for Nutrition & Dietetic referrals only  
Please complete with as much detail as possible, including the equality monitoring form.**

Date of Referral:		GP's Name:									
Referred by:		GP Practice and Address: :									
<b>Patients details:</b>	Title:	NHS Number: <table border="1" style="width: 100%; height: 20px; border-collapse: collapse;"> <tr> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> <td style="width: 12.5%;"></td> </tr> </table>									
First Name:		Date of Birth:									
Last Name:		Male <input type="checkbox"/> Female <input type="checkbox"/>									
Address: Postcode: Daytime Phone Number: Mobile Number: Email Address:		<b>Preferred Contact Options:</b> (please provide details) <input type="checkbox"/> Post <input type="checkbox"/> Phone <input type="checkbox"/> Text <input type="checkbox"/> Email									

Relevant test results:		date taken:	Relevant test results:		date taken:
Fasting blood glucose	mmol/l		eGFR	ml/min	
HDL cholesterol	mmol/l		Blood pressure	mmHg	
LDL cholesterol	mmol/l		Weight	kg	
Total cholesterol	mmol/l		Height	m	
Triglycerides	mmol/l		BMI	kg/m <sup>2</sup>	
Other investigations e.g.: coeliac screen			Waist circumference	cm	
			Other: (please state)		

<b>Social / Activity levels:</b>	<b>Special Needs?</b> e.g. wheelchair access, language interpreter, special diet, hearing loop, learning difficulty etc, <input type="checkbox"/> Yes <input type="checkbox"/> No <b>Please Specify:</b>
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**Referral Details:**

<p><b>Diagnosis:</b></p> <p><b>Date Diagnosed:</b></p>	<p><b>Treatment(s):</b></p>
<p><b>Other Relevant Medical History:</b></p> <p><b>Any Known Allergies?</b></p>	<p><b>Other Relevant Medications:</b></p> <p><b>Other Comments:</b></p>

**Reason for referral:**

**NB: Please use this form for Nutrition & Dietetics referrals only.  
For diabetes referrals please use form A**

- IBS
- Known Coeliac disease
- Reduce lipids
- Nutritional deficiencies (please specify)
- Reduce weight (must have a co-morbidity)
- Malnutrition ("MUST" screening tool nutrition risk score  $\geq 2$ )
- Impaired glucose tolerance
- Other gastric (please specify)
- Other (please give details)

Has any dietary information already been given?  Yes  No

Please give details:

For office use only:
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