Contact us

We’re here to help. Get in touch by calling the Podiatry Team on 01179 190 275 or to tell us about your service experience contact the service manager at Knowle Clinic on the contact number above or call 0117 900 2540 to request a ‘Listening to you’ leaflet.

To request this leaflet in a different format or language please call 0117 900 2309.

For further information about services we provide please visit our website at www.briscomhealth.org.uk

Helping you to live life well
Patients’ care is individual to their healthcare needs but some examples of how the Podiatry Service can help you include:

**Pain Relief** – immediate, short and long-term solutions to painful foot problems.

**Curative foot care** – minor surgery using local anaesthetic, the prescription and manufacture of appliances to compensate for structural imbalances affecting your foot or lower limb, i.e., insoles.

**Prevention** – screening for potential foot problems and foot health education.

The service cannot provide basic foot care such as nail cutting, unless there is a medical risk, but we can offer advice on this.

How can you help me?

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How can I make an appointment?

Anyone can self-refer themselves to see a podiatrist. Clinics are based in various community settings across Bristol. Referral forms are available from your GP Surgery, local Health Clinic or Health Centre. Alternatively, you can download a form from our Podiatry Service webpage at [www.briscomhealth.org.uk/our-services](http://www.briscomhealth.org.uk/our-services)

You can find further information and useful advice on the same page.

What will happen after I have been referred?

You will be sent an assessment appointment approximately 4 weeks after we have received your referral form. If the podiatrist thinks you need an urgent clinic appointment, you will be seen within one week.

What will happen at my assessment appointment?

When you attend your assessment appointment, you will be seen by a podiatrist and possibly one of our student podiatrists. The podiatrist will look at your feet and/or lower limbs if necessary, then your foot care plan will be discussed and agreed between you.

Your treatment may then be completed in that session and you will be discharged, or you may need to return for a series of treatments.

Who has priority?

Priority is given to patients depending on their medical needs. Priority groups include:

- People who have a major medical condition or illness that may affect the body’s ability to heal damaged skin, such as diabetes, rheumatoid arthritis or circulatory problems.
- People with a painful foot condition which affects their mobility, for example ingrown toenails and/or infection.
- People who have a disability which causes foot pain and/or affects mobility.