

SYMPTOM PROFILE

Name: DOB: NHS No:

Stress Incontinence

- I leak when I laugh, cough, sneeze, run or jump
- I only ever leak a little urine
- At night I only use the toilet once, or not at all
- I always know when I have leaked
- I leak without feeling the need to empty my bladder
- Only my pants get wet when I leak (not outer clothing) or I sometimes wear a panty liner

Overactive Bladder

- I feel a sudden strong urge to pass urine and have to go quickly
- I feel a strong uncontrolled need to pass urine prior to leaking
- I leak moderate, or large, amounts of urine before I reach the toilet
- I feel that I pass urine frequently
- I get up at night to pass urine at least twice
- I think I had bladder problems as a child

Voiding Difficulties

- I find it hard to start to pass urine
- I have to push, or strain, to pass urine
- My urine flow stops and starts several times
- My urine stream is weaker and slower than it used to be
- I feel that it takes me a long time to empty my bladder
- I feel as if my bladder is not completely empty after I have been to the toilet
- I leak a few drops of urine on to my underwear just after I have passed urine

